



Bulletin - August 2008

Editorial

We are truly now well into what we used to call the "Space Age" some years ago. When Arthur C. Clarke's "2001: A Space Odyssey" was made into a movie, everyone rushed to see it at the Majestic Cinema and marveled at the introduction to computers and AI (Artificial Intelligence). These were all "things of the future" to us then, and little did we realise that we would soon be living it all!

Today, surrounded by computers, iPods, mobile phones, E-mail, internet etc. the pace of life is too fast, the race to have so much done so soon is ongoing, and one often wonders if all these "gadgets" and gizmos do actually make things easier!

What happened to the days when we had to wait for weeks to have a letter responded to by someone overseas? Now E-mail keeps us in touch in minutes! But still nothing can take away the joy of waiting for the postman and seeing a letter written in the handwriting of a loved one – no E-mail can compare with that. e-Cards and e-Greetings can never take the place

of a nice handwritten, handpicked card sent by post, I'm sure you will agree.

People have no time of their own now, with mobile phones "keeping one in touch" 24 hours a day, demands on one's time and intrusions into one's privacy is commonplace in this day and age. I, for one, sometimes wish I could go back to the "old days" when people had time for each other, time to stop and chat with friends and neighbours without rude interruptions on mobile phones; when boys would gather to play a game of cricket on the lanes and bylanes, instead of sitting in front of their computers playing "virtual" games; when one could drop in on a friend any time instead of having to call up ahead and check if they were watching "American Idol" and did not want to be disturbed; put on a record and listen to some good music with family or friends instead of plugging in earphones of an iPod and getting lost in one's own world oblivious to those around. All this technology has only made people more impersonal, selfish, impatient, inconsiderate and often losing touch with the nice things in life

– things like interesting conversation, good music, good (all natural) food and good company.

It is here that places like the DBU contribute greatly to taking folk back to nicer pleasant times, providing members with a quiet, charming place to meet and put aside the stresses and pressures of the world outside, whilst interacting with friends and listening or dancing to good music along with some of the "stuff that cheers"! The catering committee has introduced a new menu, with lots of new and delicious items such as Spring Rolls, Mutton Rolls, Roast Beef and Mustard sandwiches, Chicken and Mayonnaise

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Sandwiches, Hot Butter Cuttlefish, Fried Rice with Beef Smore, Pork Badun, etc. Meals catered by the renowned Chef Koluu are also available at the DBU–Shepherd's Pie, Lasagne, and Asian Chicken with Rice.

St. Nikolaas' Home celebrates its anniversary on the 22nd of August, with a dinner party for the residents. Renovations to the building are

now underway, with one section of the building already completed. The roof was replaced and the walls waterproofed and re-plastered. The kitchen was also refurbished.

Look forward to the "Bad Taste Party" planned for the 30th of this month. An evening of Retro Music with Outburst DJs in July proved to be a huge hit, and we had several requests for a

repeat of the same. Hence the music of CCR, Santana, Earth Wind and Fire, Tom Jones, Elvis, Pink Floyd etc. will fill the DBU hall on the 30th August, so be there and let your hair down! Come dressed in the worst taste you can put together – this time bad taste is good!

Cheers,
Anne-Marie Kellar

Condolences

Our sincere condolences go out to Mr Shiran Perera on the demise of his father, Mr Reggie Perera.

Joseph Frank Altendorff, aged 86 years passed away quietly in his sleep on 8th April 2008, after a long illness. Our condolences to his widow Gwendoline, daughter Desiree Harper and the rest of the family. The family emigrated from Ceylon to England in October 1956.

Thank You!

We thank the daughter of Mrs Christine Wilson, who has donated the following books to the DBU library. This generous gesture is deeply appreciated.

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| 1. The Siege of Colombo by the Dutch by R.L. Brohier and G.V. Grenier | 4. DBU Journal XXVIII - No.1 |
| 2. A bound copy of the DBU Journals - 1913, 1927 and 1931 | 5. DBU Journal XXIX - No.1 |
| 3. A bound copy of the DBU Journals - July 1951 to October 1952 | 6. DBU Journal XXXVIII - No.2 |
| | 7. DBU Journal XL - No.1 |
| | 8. DBU Journal XLI - No.2 |

Cliff Foenander – A Burgher Musician Who Made It Big

Cliff Foenander was one of Sri Lanka's great musicians. He was King of the 'crooners' in 1950s and 1960s in Ceylon. Foenander had a passion for music and he was determined to succeed in life. He reached the dizzy heights of stardom – not only in Sri Lanka but right across South and South East Asia, and even the United States of America.

Sri Lanka remembers Cliff Foenander – his 7th death anniversary falls on the 21st of November 2007 – he passed away in Australia. Recently, thanks to YouTube there has been a real revival of music connected with Sri Lanka's first international star, Cliff Foenander. Thousands have logged on to YouTube to hear The Fabulous Echoes. The whole history of The Fabulous Echoes is also on YouTube. The Fabulous Echoes featured Bert Sagum, Tony Ruivivar, Terry Lucido, Stan Robertson, Danny Ruivivar and Cliff Foenander.

Foenander was a pioneer – one of his earliest hits was 'Butterfly in the Rain' composed by the great singer/songwriter Nimal Mendis. Radio Ceylon, the oldest radio station in South Asia discovered Cliff Foenander. The legendary Radio Ceylon announcers Vernon Corea, Tim

Horshington, Livy Wijemanne, Jimmy Bharucha, promoted his music throughout the late 1950s and 1960s on the airwaves of the radio station. Radio Ceylon was 'King of the Airwaves' in South Asia and Cliff Foenander's music was played to the huge audience on the Indian sub-continent. He had a succession of number one hits in South Asia as a result of the exposure on Radio Ceylon.

Foenander's big break came along when he joined one of the hottest acts in Hong Kong, 'The Fabulous Echoes.' They had a massive hit with 'A Little Bit of Soap' in 1964 released by Diamond Records – they enjoyed 25 weeks at the number one position on the Hong Kong Charts. 'A Little Bit of Soap' was a huge hit in Malaysia, Singapore, Indonesia, the Philippines and Sri Lanka.

Cliff Foenander and The Fabulous Echoes had a string of hits, among them – 'Dancing on The Moon,' 'Sukiyaki,' 'Cry,' 'Another Saturday Night,' 'Another



Romance,' 'I know,' 'The Wedding,' 'Skip to My Lou,' 'Sunshine,' 'Way Back When,' 'Mashed Potato,' 'It Won't be Long,' 'Day By Day,' 'This Land is My Land.'

As a result of their huge hit 'A Little Bit of Soap' among a string of hits in South East Asia, The Fabulous Echoes were invited to play in Las Vegas. Cliff Foenander and the group were playing with the greats – The Rat Pack, Frank Sinatra, Dean Martin and Sammy Davis Junior who were

performing in Las Vegas at the time. In the early 1960s they performed with Louis Armstrong, Ella Fitzgerald and Pat Boone among a whole host of stars.

One evening Cliff Foenander sang a song to a lady in the audience and she liked The Fabulous Echoes so much that she

told her husband. He happened to be the great Ed Sullivan who also liked their style and sound. He signed them up for two shows and Ceylon's Cliff Foenander was seen by an audience of 45 million viewers. Foenander was at the very top with the Fabulous Echoes. They were a hit in Las Vegas.

To hear Cliff Foenander sing the number one hit of The Fabulous Echoes: 'A Little Bit of Soap,' please type in 'Cliff Foenander' on YouTube (www.youtube.com)

Extract from JDBU LXI – page 129

Lamprais – The Dutch Burghers' best loved Lunch

By Rodney Jonklaas

When my people the Dutch, colonised Sri Lanka they not only revolutionised the plantation industry, but also Sinhalese eating habits – including introduction of that marvelous Dutch Burgher luncheon, lamprais.

I am told by Ena Heyneker, a very forthright and meticulous cook, that the word "lamprais" has been derived from "lempur", a Dutch word much used in Indonesia where it defines an Indonesian preparation of boiled rice with assorted meats all wrapped in a banana leaf into small dainty packets. You pronounce lamprais "lumprise" talking daintily, and not "lump-rice" as some people say, and never "lampreys." A lamprey is an

exceptionally obnoxious primitive fish which lives as a parasite on others in America and Europe, far indeed from a delicious Dutch Burgher rice dish.

All kinds of people make all kinds of lamprais, mostly in and around Colombo, but not one commercial lamprais comes close to the real thing. Some day there may be a genuine lamprais restaurant here but I cannot imagine how.

Lamprais are simply not mass-produced, assembly-line products, they have character.

John Anderson, who spent many weeks in Sri Lanka, told me a day or two before he left to do his handbook on this country, that of all the foods he had tasted, the



lamprais had least turned him on, "Did yours have a boiled egg or parts thereof in it?" I asked. The expression on his face said "Yes".

"You have been eating commercial two-bit hybrid rice-packets", I said. "Come back next time and I'll lay on the real thing for you, but give me plenty of notice."

Let's Party

Members and guests are beginning to patronise the upstairs bar/lounge more regularly and our Wednesday night programme is becoming increasingly popular. Every Wednesday night we have a small group playing live music upstairs and the atmosphere experienced is relaxed and carefree. Come and experience the difference, every Wednesday night!

Our sing-along on 12th July saw almost 90 members and guests having a wonderful time singing and dancing their cares away! It was similarly patronised for the "Let's Party" function held on 25th July – which was truly fantastic and the music was super. The young ones too seem to be joining in the fun, as was witnessed at these two functions, and I look forward to more and more participation from them.

We have organised a special entertainment programme for the 30th August – "Bad Taste", especially with the young and "young at heart" in mind. Please keep the date free and see you on the 30th.

Kem Martenstyn

Chairperson – Entertainment & Events



Recipe

Featherlight Sponge Cake

3 eggs
125g self raising flour
4 tablespoons water

200g castor sugar
1 tablespoon cornflour
1 oz margarine
1 heaped teaspoon baking powder



Whisk egg whites and sugar till pale and thick. Sift flour and corn flour together and fold lightly into egg mixture. Place water and margarine in a pan and heat gently till dissolved, and then bring to boil. Sprinkle Baking powder over cake mixture and pour on the boiling water etc. When it bubbles, fold lightly to combine well. Pour into 2 greased and floured 8" tins or a deep cake tin and bake at 180° C for 15 minutes (layers) or 35 minutes (deep cake).

Important Announcement

As a special Centenary Year concession, the admission fee of Rs. 5,000 has been waived for all Burghers between the ages of 18 and 30 years. This concession is valid only for this year and expires on the 31st December 2008, so hurry and take advantage of it! Enrol all your friends and family members!

Entertainment at the DBU

August 6th - Lazer

August 13th - Kismet

August 20th - Lazer

August 27th - Kismet

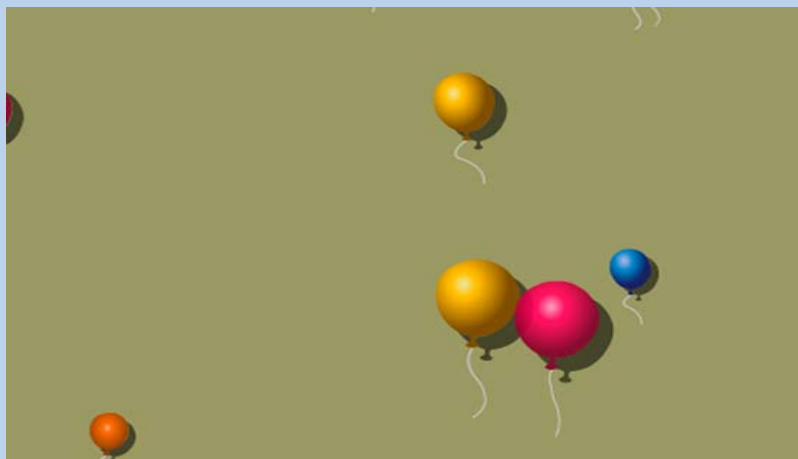


August 15th - Trivia Night (Friday)



Birthday Greetings

Ms Jackie Anthonisz, Mrs Shirani Amaratunge;
Ms Kalpana Amalean; Mrs Delreen de Silva,
Ms Rochelle Holsinger, Ms Nimmi Harasgama,
Mrs Sheryll Jinasena, Mrs Anne-Marie Kellar,
Ms Michelle Leembruggen, Ms Patricia Mamelka,
Mrs Yvonne Poulier, Mrs Diana Soris;
Messrs. Wilhelm Brown, J.L. Caspersz, Sunil de
Costa, David Foenander, Maurice Forster,
Stuart Hatch, Adrian Loos, Victor Meurling,
Howard Martenstyn, M.R. Overlunde,
Kenneth Pendigrast, Hirantha Pereira, Hubert
Pereira, Warren Solomonsz, Shammi Silva &
Upali Seneviratne.



New Members

Ms Blossom Mortier

Ms Dana Forster de Weerd

Mr Keith Abel

Mr Ivo Colvin George Kelaart –
Overseas member



Hire of DBU Hall



The Main Hall downstairs is available for hire by members for their family weddings and private social functions only, at the special rate of 50% off the normal charge. No discount will be given if the hall is booked by members for their Office and Welfare Society functions, Past Pupils get-togethers etc. Inquiries should be directed to the Manager (Tel 2584511 and 5331661)

BAD TASTE PARTY

30th August 2008 9pm to 2am

- Retro style dance party at the DBU...come dressed in your worst outfits, the more mismatched or garish the better!
- Prizes for the Guy and Gal with the "Worst Taste" in clothes at the party!
- The music will certainly not be in Bad Taste, though! Retro music from the 60s, 70s, & 80s, so ALL young adults and also those not so young can swing the night away!
- Dig out your old bell bottoms, beads, huge collared shirts and loud prints.

BAD TASTE IS GOOD TONIGHT!!!

- ▲ HAWKER STYLE FOOD STALLS!
- ▲ LIQUOR AT SPECIAL DBU PRICES!
- ▲ GAMES AND COMPETITIONS!
- ▲ "OUTBURST" DJs

ONLY RS.300 PER HEAD FOR ALL THIS!!!



Where on earth can you do this except at the **DBU?**